

whiteroot™

BY DR. RATNA PATEL



whiteroot

# The Dental & Aesthetic Care

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Whiteroot offers a bespoke dental & aesthetic experience that aims to create smiles that are more confident than ever!

With a state of the art facility, well-experienced doctors and harnessing the world's latest technologies & procedures to offer, whiteroot promises an unprecedented service and care to each and every patient.



# Aesthetic Treatments

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The goal of all aesthetic procedures at whiteroot is to improve our patient's appearance and self esteem by treating various skin issues like acne, scars, fine lines, wrinkles, sagging skin, pigmentation, unwanted hair and cellulite and thus give them a younger looking, glowing skin and a confident smile.

**Here is a guide to our aesthetic treatments**



MIRApeel™  
First in Gujarat



# What is MIRAPeel?

## First in Gujarat

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MIRAPeel is the future of all medifacials. It is a revolutionary serum delivery system developed in Germany that pairs two cutting-edge technologies, wet abrasion (or Hydrafacial) and wet microneedling, into a single treatment to help repair, clarify, hydrate and nourish aging skin.

MIRAPeel can address a variety of skin concerns including fine lines, wrinkles, volume, hydration, age spots, acne scars, and hyperpigmentation. It will leave you with a smoother, more radiant complexion.



# Chemical Peels

for acne and uneven skin tone:

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Chemical peels are quick lunchtime treatments used to treat acne, mild scars, sun spots, fine lines and for glowing skin. A chemical solution containing AHA (alpha hydroxyl acids) and BHA (beta hydroxyl acids) is applied to your skin which leads to softer and younger looking skin.





# Botox

to treat wrinkles and fine lines:

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Botox injections are shots that use Botulinium toxin used to relax a particular muscle temporarily which smoothes the wrinkles in that area. These are quick lunchtime procedures used to treat frown lines, crows feet, gummy smile, smokers lines, forehead wrinkles, Teeth clenching , jaw pain and also to treat excessive sweating in underarms, palms and feet.

# Fillers

to add volume:

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Fillers are basically hyaluronic acid which is naturally found in our body. They add fullness to the areas that have thinned due to aging and hence reduce the appearance of wrinkles and fine lines. Commonly used in lip , cheek and under eye areas. Fillers are also used for non surgical reshaping of nose (NON SURGICAL RHINOPLASTY) and jaw line.



# Laser Hair Reduction:

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Laser hair reduction is a must go for every individual who wants a permanent hair removal in any part of the body. It is a painless and precise treatment wherein the laser light is absorbed by the melanin in hair and converted to heat energy which in turn destroys the hair follicle.

# Carbon Laser Facials/ Hollywood laser peel:

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Carbon laser facial also known as Hollywood laser peel is the only facial that uses pico lasers to lighten the skin and stimulate collagen production at the same time. CLF also clears pores to reduce whiteheads and blackheads, tightens large pores and thus reduce fine lines too.



# Thread Lift

## for face and neck:

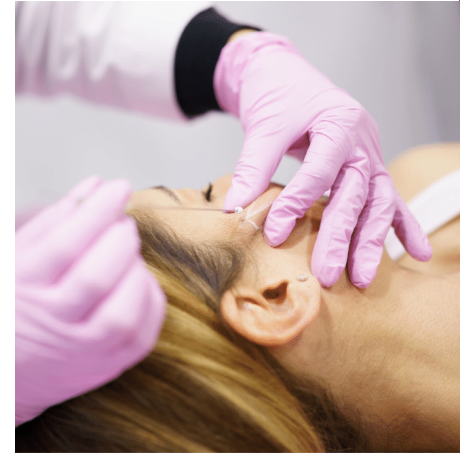
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Thread lift is a non surgical procedure that gives instant lift to sagging aging skin and also stimulates collagen production. Medical grade self dissolving PDO (Polydioxanone) and PLCL (poly-L-lactide caprolactone) threads are placed under the skin to pull the skin into position. It is a completely safe lunchtime procedure with excellent results for jawline lifting, nasolabial fold lift or lifting marionette lines.

# Non Surgical Brow Lift:

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Brow lift can be achieved non surgically with excellent results using a combination of Botox, fillers and threads as per the individual requirement.



# Vampire Facial:

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Vampire facial is a unique antiaging facial that has gained popularity because it uses PRP (platelet rich plasma) derived from the patient's own blood to boost collagen production. Hence the name. PRP is full of natural growth factors that promote healing and give a radiant and younger looking skin. It has great results in treating melasma , under eye dark circles , sun spots and scars.



# HIFU Skin Tightening:

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High intensity focused ultrasound is minimally invasive antiaging procedure that uses ultrasound waves to tighten the facial skin. Key benefit of this procedure is that it is non surgical and gives a smoother skin with mild lifting of the sagging skin.



## IPL (Intense Pulsed Light)

### for acne:

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In IPL acne treatment, short pulses of intense light is emitted onto the skin, which is absorbed by the skin layers killing the acne causing bacteria. Thus reducing inflammation or excess sebum production.

## Photofacial:

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Photofacial uses intense pulsed light to improve the colour and texture of the skin. It treats sun spots, redness, spider veins and also acne giving a flawless looking face.



# IV Therapy

## FOR SKIN BRIGHTENING:

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Glutathione is a very powerful antioxidant naturally present in our body. It inhibits melanin production which gives a dramatic whitening effect on the skin of the entire body. It can be taken orally or intravenous. IV always has better results as it directly enters the blood stream.



## Fat Lypolysis Shots:

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Fat lipolysis injections involve injecting PPC (phosphatidylcholine) and deoxycholate in areas with stubborn fat which reduces the number of fat cells near the injection site. They can be used in areas like chin, lower abdomen, underarms, thigh and hips.



# Laser Depigmentation And Tatoo Removal:

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Pico second Q switched lasers create an invisible beam of light that specifically target the brown melanin pigment and tattoo pigments without affecting the surrounding skin. The pigment absorbs the energy and is fragmented within the tissues.



# Fractional CO2 Laser resurfacing:

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CO2 lasers work great for patients with excessive scars and uneven skin. As the name suggests, it resurfaces the skin to give it more evenness and a radiant smooth skin.



## Bb glow treatment:

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BB glow is a non surgical procedure in which a tinted pigment is applied using nano needles to penetrate the skin. This gives the skin an even tone and colour. The bb glow serum adds nutrients as well as your desired colour to the skin.



## Permanent lip blush:

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Lip blushing is a semi-permanent tattoo that can enhance the color and shape of your lips and give the impression of more fullness. This is done by depositing color ink into your lips and along your lip line to improve the overall look. The color is subtle to give natural-looking results.



## Brow Microblading:

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Microblading is a semi-permanent form of cosmetic tattooing in which a blade shaped tool with multiple soft needles is used to create hair like strokes along your eyebrows while depositing the pigment matching to your hair colour into your skin. It gives a much natural looking brow compared to eyebrow tattooing which looks more artificial.





Here is a guide to our dental treatments

# First in Gujarat

## Atraumatic tooth extraction system

Atraumatic extraction system uses vertical force to lift the tooth up, rather than wiggling it horizontally. This is a technique that is specifically designed to remove teeth with minimal damage or trauma to the surrounding bone and tissue. The key benefit of this novel system is that it is more comfortable and less invasive to the patient, causing almost zero swelling and minimal healing time.



## Scaling & Polishing

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A Scaling procedure at Whiteroot involves a thorough cleaning of the tooth surface to remove plaque buildup using specialised ultrasonic scalers. Scaling is recommended for each individual at least twice a year as it cleans spaces where your toothbrush does not reach. This also allows you to keep a check on your dental health.



## Laser Teeth Whitening Treatment

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Even though your teeth are white naturally, they can change colour over time. This can be due to foods and drinks you are consuming such as coffee, tea and drinks with dyes in them. Smile Brightening treatment at whiteroot whitens discoloured teeth using special diode lasers making sure you get maximum whitening results that too within 20 minutes process.

# Fluoride Therapy

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Fluoride treatment helps prevent cavities and tooth decay and keeps your teeth healthy and strong. At Whiteroot, we recommend a fluoride treatment to every individual, depending on their oral health every six or twelve months as a preventive treatment against decays or cavities. Fluoride coats your teeth and prevents plaque from building up and hardening on the tooth's surface.

# Dental Cavities

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A decay in the tooth needs to be removed and replaced with a tooth-coloured material at the earliest. If not treated at the right time, the decay might spread to the pulp tissue and result in a subsequent Root Canal treatment.



# Smile Design Treatment

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Smile design treatment focuses on improving the appearance of your smile through dental procedures such as veneers, crowns and dental implants. It is recommended for people with a gummy smile, an unattractive smile and discoloured or small tooth.



## Dental Veneers

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Veneers are a thin layer of tooth-coloured material placed on the facial surface of the tooth. Veneers do not cover the entire tooth like a crown and hence require minimum tooth preparation. Veneers are mainly indicated for aesthetic reasons to beautify the smile in patients with discoloured or small teeth.



# Dental Implants

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A Dental Implant is a titanium root that is surgically positioned into the jawbone beneath the gum line that supports the crown or bridge needed to replace the missing teeth. We prefer dental implants over a bridge or dentures as they do not require grinding of the adjacent teeth. Also, they look and feel like natural teeth and in turn boosts an individual's self-esteem and confidence.



# Dental Crowns & Bridges

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Over time, teeth can be damaged, cracked or weakened by decay. At Whiteroot, dental crowns are made to match the colour of your natural teeth, and besides strengthening a weak tooth structure, these are also used to improve your teeth's appearance, shape or alignment. Dental crowns can be fashioned from stainless steel, ceramic, acrylic to zirconia. Zirconia is considered to be one of the strongest materials used to make crowns. In case the dental restoration requires replacing one or more missing teeth, we delegate by joining an artificial tooth to the crown of the adjacent tooth or implant termed as a Dental Bridge.



# Root Canal Treatment

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A root canal treatment repairs and saves a badly damaged or infected tooth. When a decay in tooth or an external trauma like fracture reaches the pulp tissue of the tooth, it requires a Root Canal Treatment. The decaying material in the tooth may cause a serious infection or a tooth abscess if left untreated, leading to pulp death, bone loss and loss of the tooth itself.

At Whiteroot, the root canal treatment involves removal of decay, disinfecting the root canals and filling them with an inert material like gutta-percha. Fabrication of a custom made crown for the root canal treated tooth is required to protect it from future bacterial invasion and to improve the strength of the tooth.



# Orthodontics

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Orthodontic treatments deal with the diagnosis, prevention and correction of malpositioned teeth and jaws. Orthodontic treatment can be done at any age, however, an orthodontic evaluation is advisable at an age of 8, as an interceptive treatment can be started off, to reduce the severity of future malformations. In normal cases, comprehensive orthodontic treatment can be commenced at an age of 12, once most of the permanent teeth have erupted.

## Aligners (Invisible Braces)

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As the name suggests, aligners use clear removable trays and are much more comfortable in usage compared to regular braces. All the trays are custom-made for your teeth to move them little by little. However, they are not advisable for usage to everyone. Aligners can be used to treat mild to moderate corrections.





# Full Mouth Rehabilitation

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Full mouth rehabilitation is a highly individualized treatment performed to optimize the health of the entire mouth including the teeth, gums, and the bite. It involves deployment of various dental services which include implants, bridges and crowns.

People with multiple dental problems and poor oral hygiene are highly recommended to undertake this service.



# Lasers in Dentistry

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The Lasers are used in a variety of dental procedures like teeth whitening, soft tissue contouring, gum depigmentation & disinfection of the root canals.

The main advantage of using the laser is, it reduces bleeding & also disinfects the area where it is used; thus, patients experience minimal pain and faster healing.





# Dr. Ratna Patel

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Dr. Ratna Patel, the Chief Implantologist & Cosmetologist at Whiteroot - The Dental Care, is a firm believer in pain-free and ethical practice. She aims to curate a unique experience, personalized and tailored to each patient's dental and aesthetic needs that walk in Whiteroot, making sure that each of them leaves with a confident & happy smile.

# Our Partners:

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